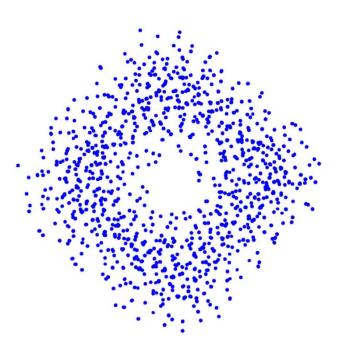
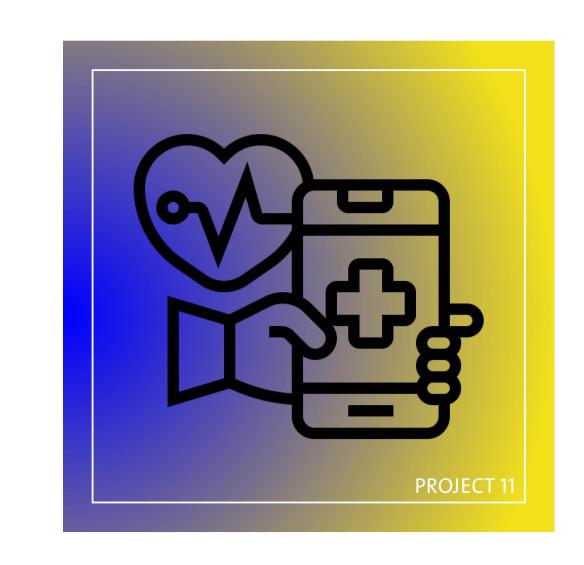


## **URPP** Digital Religion(s)





# P11: Digital Spiritual Care

As healthcare chaplains work in increasingly digital healthcare settings, how spiritual care is practiced, assessed and documented, changes. In this project, we examine the complex and ongoing developments that accompany the integration of professional spiritual care into digital care settings and engage in extensive knowledge exchange with scholars and practitioners in Europe and North America. In the first phase, we used an interdisciplinary approach to investigate the emergence of "telechaplaincy" and its use to deliver spiritual care in outpatient settings.



Fig.1: James Austin, Telechaplain at the U.S.-based Mercy Virtual

#### Focus areas

This project focuses on 5 areas of practice:

- 1. Telechaplaincy (inpatient and outpatient)
- 2. Documentation of spiritual care in electronic health records (EHRs)
- 3. Chaplaincy training for digital delivery of spiritual care.
- 4. Patient practices (e.g. smartphone applications for spiritual self care; virtual reality)
- 5. Quality control (e.g. patient-reported outcome measures)

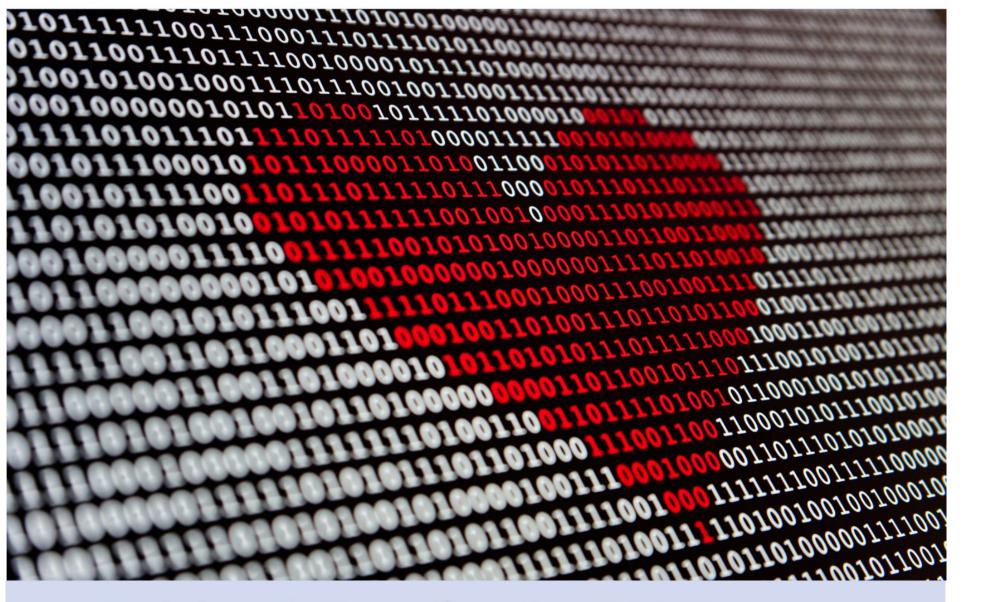
### Methodological Approach

We work with ethnographic and survey-based methods, interdisciplinary collaborations (e.g. computational linguistics), and digital media productions (web, video).





Professorship for Spiritual Care & Transforming Chaplaincy



#### Spiritual Care for the 21st Century

An International Conference on the Theory and Practice of Telechaplaincy.

October 19-20, 2022, 10 - 2 pm (EST)

Telechaplaincy poses unique challenges and opportunities that require new skills to master. However, there are few resources for chaplains to learn and improve their work. This conference will bring together over 20 healthcare chaplains, spiritual care providers, and managers at leading healthcare institutions to share their experience with telechaplaincy. It will give an overview on current developments, provide an opportunity to acquire and improve practical telechaplaincy competencies, and exchange and network with telechaplains in Europe and North America. For details see the conference programme. Inquiries: fabian.winiger@uzh.ch and psprik@uab.edu

Attendance is free of charge

## **Main Findings**

#### For Europe

- 1. In Europe, despite experiences made during the Covid-19 pandemic, the digitalization of professional spiritual care encounters **resistance** among chaplains.
- 2. However, as shown by the pioneering initiatives studied in this project, progress is being made is some areas, with the trend towards outpatient care emerging as an important driver.
- 3. A main limiting factor is the slow development of digital healthcare in Europe.

#### **For North America**

- 1. In North America and particularly the U.S., digital spiritual care is **developing rapidly under the term** "telechaplaincy".
- 2. Several of the largest U.S. healthcare systems are adopting **hybrid and digital-first care models**, fundamentally changing how spiritual care is delivered
- 3. Rather than "dehumanising", technology is seen by many telechaplains as helping them create **deeper**, longer-term and more patient- and needs-focused spiritual care.

#### **Partners and Stakeholders**

- In partnership with the U.S.-based Transforming **Chaplaincy**, the leading research initiative on outcome-oriented chaplaincy, we initiated an interdisciplinary **Community of Practice** to explore challenges in the field and inform research. Building on this network, which currently includes over **190** members, the first international conference in the field was hosted (fig. 2). A conference was also held in Zurich to facilitate **knowledge transfer**. The CoP shares its meetings and additional resources on telechaplaincy.io (see fig. 3).
- In 2023, we launched a working group on digital care based at the **Swiss professional association** for healthcare chaplaincy.
- In cooperation with the **Digital Science-Initiative** and MEEET-Lab, a Masters-level course on spirituality and VR, and an ongoing workshop series for secondary school students.

## **Contribution to URPP Objectives**

- 1. Examining the emergence of digital religion in the field of **healthcare chaplaincy**
- 2. Investigating the **potentials and risks** of digital spiritual care for patients, relatives, caregivers and stakeholders in Europe and North America.

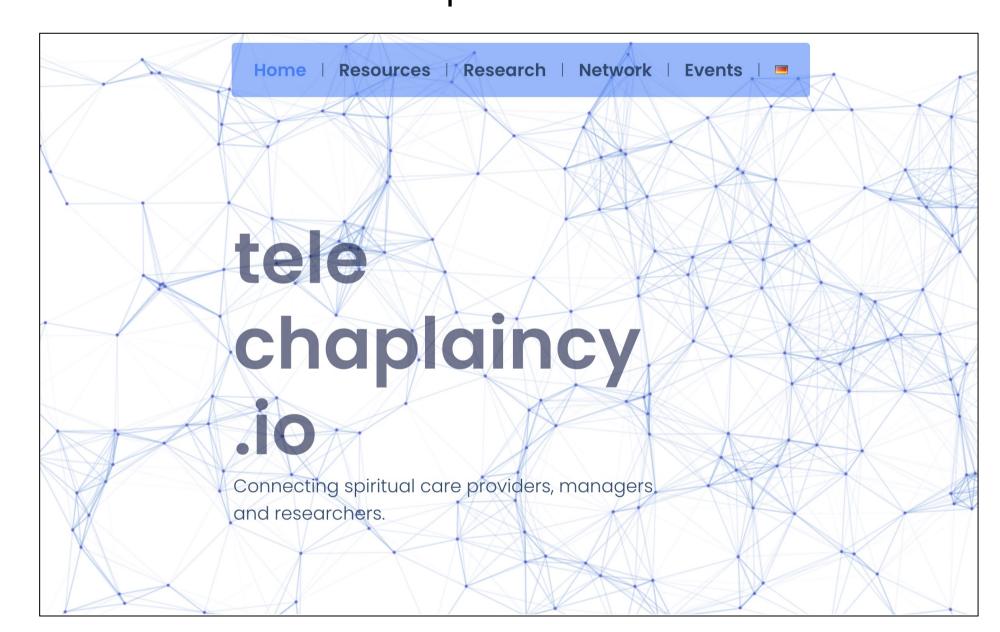


Fig.3: Web portal launched as part of phase 1, connecting scholars and practitioners in Germany and North America. It has received >11'000 visits, and is ranked #1 on Google for "telechaplaincy".

### People



Prof. Dr. Simon Peng-Keller Professorship of Spiritual Care

## **Publications**

Scan QR code to view:



**Dr. Fabian Winiger** Early career researcher Professorship of Spiritual Care



Fig.2: First international conference on telechaplaincy